





Salivette Instruction Sheets

How to collect saliva samples using salivette tube

Disclaimers:

- Please wait more than 30 minutes before collecting your sample if you consumed any food or liquids, brushed your teeth, or taken oral medication.
- Wash hands prior to handling the cotton swab.

 A close-up photograph showing a person's hands opening the white plastic cap of a salivette tube. A red square with the number '1' is in the top-left corner.	<ul style="list-style-type: none">• Open the top cap of the tube and save this cap.• Careful not to remove the strainer holding the cotton swab.
 A close-up photograph showing a person's hands pulling the white cotton swab out of the salivette tube. A red arrow points to the right, indicating the direction of removal. A red square with the number '2' is in the top-left corner.	<ul style="list-style-type: none">• Remove cotton swab from the tube.
 A close-up photograph showing a person's mouth with the cotton swab placed inside. A hand is holding the end of the swab. A red square with the number '3' is in the top-left corner.	<ul style="list-style-type: none">• Place the swab in mouth and keep in cheek for 2 minutes. Move the cotton swab from one cheek to the other occasionally. If there is no saliva being produced, gently chew the cotton swab to stimulate salivation until the swab feels soggy and saturated with saliva.
 A close-up photograph showing a person's hands pushing the cotton swab back into the salivette tube. A red arrow points to the left, indicating the direction of insertion. A red square with the number '4' is in the top-left corner.	<ul style="list-style-type: none">• Return the swab with absorbed saliva back into the tube.



- Recap the tube.
- If collected onsite, give the tube back to the study coordinator to store in biohazard Ziploc bag.
- If collected at home, place tube into biohazard Ziploc bag and store in refrigerator.